

ACADÉMIE DE MASSAGE ET D'ORTHOTHERAPIE

Thérapeute

# Information kit

Thérape



## **Embrace your future**

Each year, more than 200 students choose the Académie de Massage et d'Orthotherapie for the flexibility of its schedules, the quality of its course content, its continuous admission, its wide selection of programs and its personalized support. Experience it yourself, you will see that successful studies go hand in hand with your work schedule and personal life.

Passionate about their profession, our experienced teachers will be able to pass on their knowledge to you in the family spirit that reigns at the Académie. Our entire team is proud to carry on the tradition and the mottos of its founder. Since 1988, it has consistently ranked first in achievement and quality of teaching.

#### Why choose The Académie?

- For our dedicated teachers who listen to their students
- For our programs that exceed established norms by respecting the highest professional standards.
- For our training courses that offer assessments that first validate your skills, thus preparing you for your future career.
- For our diplomas, which offer significant and distinctive added value.

#### For our online formula

We are the pioneers of online massage therapy education in Canada.

### Welcome tho The Académie !



#### Massage Therapy Level 1

Massage therapy is undoubtedly a field where practice is important and we believe that is how it should be taught. As a student, you will work under the guidance of licensed, passionate and experienced instructors.

To become a massage therapist, it is important to understand what we are doing and what happens when we perform our maneuvers. This knowledge involves learning the anatomy of the human body and physiological notions. This training will enable you to understand the human body, its mechanisms and its functions.

#### Here is a brief overview of the course :

- The great art of relaxation massage and the indispensable intramuscular Swedish therapeutic massage intended to relieve muscle and joint pain.
- Various products like massage oils, creams, massage gels, essential oils, algae, clay, peat mud, appliances, professional equipment, etc.
- Identifying your clients' needs through interviews and file opening, their nutritional needs, health advice and more.
- The anatomy and physiology of the human body learned in a dynamic and visual way in order to make the connection between the practical section and the various systems of the human body,
- Supervised practices in class, in order to gain experience
- Preparation for your professional life with courses in ethics (sexuality),aid relations, code of ethics, legal aspects and career planning.



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### **Massage Therapy Level 1**

Payment options

PAYMENT CHOICES	<b>AMOUNT</b> 3400\$
Registration fee	100 \$
1 payment	3,400 \$
2 payments	1,700 \$
4 payments	898,86 \$
6 payments	599,24 \$
*8 payments	449,43 \$

Administration fees of 5% plus tax have already been added to multiple payment options.

Prerequisite : High School diploma or 18+ years old.

Following your Level 1 Massage Therapy training, you will be able to work in Massage Therapy and join a professional association in order to issue receipts for your client's insurance.

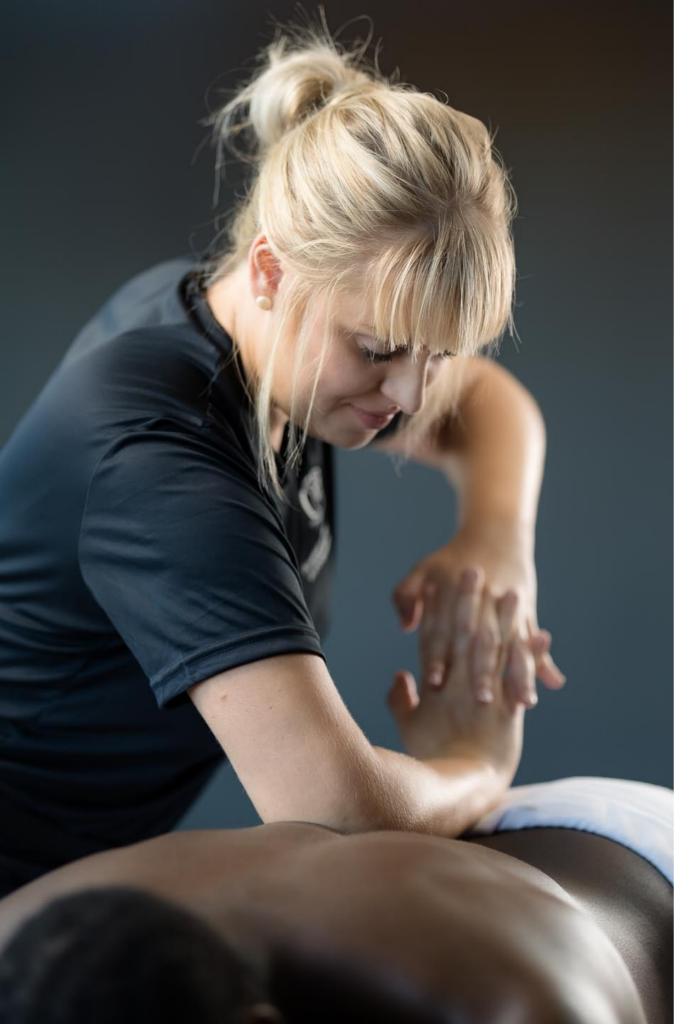


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Complete your course anywhere, anytime, in total freedom

Leader in online training since 2004, the Academy of Massage and Orthotherapy offers a variety of online courses. Take advantage of our expertise to obtain your diploma and achieve your greatest professional ambitions.

Our 100% online formula will allow you to have access to our courses despite the time or distance contraints. Complete your course anywhere, anytime and freely.

Our courses, developed by online education specialists, have been designed for students who are at home. We see the same lessons as if you were in class. The beauty of the online course is that our students can watch the videos as many times as they want, which greatly helps to perfect the maneuvers and gain confidence.

During your course, you will be invited to make an appointment with your teacher in a virtual class to check maneuvers, pressure, working postures and much more. We will work together ton ensure your success, to develop your knowledge and above all to take the time to ensure that you are ready for the job marke

Since 2004, our online courses have traveled the world, partly thanks to the passion of our teachers, the quality of our courses, the flexible schedules and the lasting relationships we build with our students.











## Sauge & Citron boutique

#### A sensory experience

Stemming from the passions of nature, art and balance, Sauge & Citron offers a range of products for massage therapists and adds the bath, body and home products to its collection inviting you to a transformative experience for the senses.

From the beautiful packaging to the last dollop of lavender and rosewood body butter, or the flickering flame of carefullycrafted candles, we know that our unique scents and hardworking formulas will transport you and keep you coming back for more.

Cleverly designed formulations inspired by nature to create products that are compatible with the skin, respectful of the environment, effective and pleasant to use.

All the raw materials used are of superior quality and are carefully selected to produce an impeccable line.

The Sauge & Citron boutique is renowned for its quality products. Its reputation and integrity have followed it since its beginnings in 1988.

We offer top quality therapeutic products and equipment.

To shop our product lines, visit

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#### www.saugeetcitron.com

## ACADEMY OF MASSAGE AND ORTHOTHERAPY

Here, you are welcomed by our family